

What if...?

Roll a dice to choose an aspect of your disease experience from this column.

Roll again to choose any of the concrete, visible things from this column.

What if your...

1	disease
2	physical symptoms
3	emotions
4	social relationships
5	healthcare experiences
6	...you decide

...was/were

1	a creature or animal?
2	an object?
3	a place or landscape?
4	weather?
5	an activity or situation?
6	...you decide

You are ready to draw a visual metaphor about your disease experience!